

Program Description and Needs Assessment:

This symposium will review the latest treatments in office Orthopedics for the primary care physician and provide detailed education in the area of musculoskeletal pathology. The attendees will be comfortable with the evaluation, formulation of diagnosis, and the application of conservative treatment of musculoskeletal injuries.

Course Faculty:

Keith S. Feder, MD, *Director of Sports Medicine Team to Win Sports Medicine Program at Centinela Hospital*

Carol Frey, MD, *Assistant Clinical Professor, Orthopedic Surgery, UCLA*

William Hohl, MD, *Associate Professor of Orthopedic Surgery, UCLA, Chief of Pediatric Orthopedic Surgery Harbor UCLA*

Lee Rice, DO, *Associate Professor, Department of Family Practice, UCSD*

Jerry Mink, MD, *Arthritis Institute at Centinela Hospital*

Course Objectives:

Present the most currently methods/techniques of sports medicine and office orthopedics.

Encourage informal discussions with experts in the field of Sports Medicine.

To experience physical examinations of orthopedic and sports medicine injuries.

To better recognize and understand common and complex orthopedic/sports medicine injuries.

Course Coordinator:

Jill Sleight, ATC

Meeting Location:

Manhattan Beach Marriott
1400 Parkview Ave.
Manhattan Beach, Ca. 90266
310.546.7511



405 freeway (north or south), exit West onto Rosecrans Ave, Turn Left on Parkway (dead ends into the Marriott).

This symposium is sponsored by the
West Coast Sports Medicine Foundation

Made possible by an Educational Grant from
Boehringer-Ingelheim

WCSMF
1200 Rosecrans Ave #101
Manhattan Beach, CA. 90266

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WCSMF



Sports Medicine for the Primary Care Physician Lower Extremity

Saturday, June 28, 2003

Marriott Hotel
1400 Parkview Ave.
Manhattan Beach, California, 90266



**Centinela Hospital
Medical Center**
A Member of the Tenet HealthSystem

Time

7:30 am to 8:00 am

8:00 am to 8:30 am

8:30 am to 9:15 am

9:15 am to 9:45 am

9:45 am to 10:00 am

10:00 am to 10:45 am

10:45 am to 11:15 am

11:15 am to 12:00 noon

12:00 noon to 12:45 pm

12:50 pm to 1:35 pm

1:35 pm to 2:20 pm

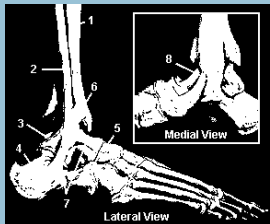
2:20 pm to 2:30 pm

2:30 pm to 3:15 pm

3:15 pm –5:45 pm

Rotations

(40 minutes each)



Topic

Registration and Continental Breakfast

Degenerative Joint Disease

Adult Spine

Sports Injuries to the Lumbar Spine and Hip

Imaging of the Lower Extremity

Break

Adult Knee Sports Injuries

New Therapies for Arthritis

Adult Knee– Evaluation & Treatment of Articular Cartilage Injuries

Lunch in the Garden Terrace Room

Sports Injury in the Adolescent Athlete

Rehabilitation of Lower Extremity Musculoskeletal Injuries

Break

Adult Foot and Ankle

Breakout Workshops

● Casting and Splinting of the Lower Extremity

● Office Treatment of Foot and Ankle Disorders
Foot Care/ Injections/Orthotics

● Physical Exam of the Lumbosacral Spine and Hip
Hands on Evaluation/Special Tests

● Physical Exam of the Knee

Hands on Evaluation/Special Tests

Speaker

Arthritis Institute at
Centinela Hospital

Lee Rice, DO

Jerry Mink, MD

Keith S. Feder, MD

TBA

Keith S. Feder, MD

William Hohl., MD

Lee Rice, DO

Carol Frey, MD

William Hohl, MD

Carol Frey, MD

Lee Rice, DO

Keith S. Feder, MD

Registration

Name	
Street Address	
City, State	
Zip	
Phone	()
Fax	()
Email	

Please check one

MD	DO	Resident	Nurse	ATC	PT



Accreditation

This conference CME is provided by Centinela Hospital, a CME accredited sponsor. Physicians attending may report up to 7 hours of Category 1 credit towards the California Medical Association Certificate in Continuing Medical Education.

NATA CEU's: By WCSMF provider # A653 (8 CEU's)

Faculty Disclosures

The WCSMF requires course faculty to disclose any real or apparent commercial financial affiliations related to the content of their presentations/materials.



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